

Mended Heart

Be a part of your support group.

Methodist Hospital is proud to announce that we are organizing a “Mended Heart” program for our heart patients and their caregivers. This program will consist of patients

and caregivers who have experience, or been diagnosed, with heart problems.

This includes bypass, heart failure, stent procedures, high blood pressure, stroke and other heart conditions. Each of you, as a patient or caregiver, has had unique personal experiences and the Mended Heart support group would like to be able to draw from those experiences to support other patients and caregivers.

The Mended Heart support group will also provide guest speakers on relevant topics of interest and a support group newsletter with important information. This newsletter will contain information that you submit, such as recipes, jokes, information on how to overcome some adversity, health information, etc.

Simply put, this will be a group of heart related patients and caregivers who would like to share their experiences and empathize with others’ anxieties and concerns. The group’s goal is to maintain a light hearted atmosphere and have fun social activities to aid in recovery. It is important to remember that humor and socialization is as important as the best medicine.

For further questions or to join Mended Heart, please contact Sabrina Luu, NP, at (626) 462-2726.



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